

NSA/BPA - Start Back Up - Teams - Coaches, Players and Spectators

This interim guidance is based on current CDC, State and Local information. NSA/BPA has tried to consider all aspects of the game and instances where coach, athlete, spectator, umpire and director safety is involved. Changes or updates of this interim guidance will be made as needed, as restrictions change, are lifted or anytime additional information becomes available.

Recent Questions on NSA/BPA Westpoint Insurance: Teams can review information by going to PlayNSA.com or PlayBPA.com and selecting the Insurance Link at the top of the page. On PlayNSA: Select the PDF link for NSA Team Insurance / On PlayBPA: Select the PDF link Team/League Application **On PAGE 2, Under EXCLUSIONS & LIMITATIONS, its lists ILLNESS and DISEASE as excluded.**

TEAMS - Start Back Up CHECK LIST:

REQUIRED	Review CDC Guidelines for latest recommendations on COVID-19/Infectious Diseases - Review with Players.
REQUIRED	Follow ALL State & Local Government Mandates - Including Social Distancing & Numbers allowed in a group. If needed, Directors will put limitations on the number of spectators allowed.
REQUIRED	Maintain safe behavioral practices as recommended by the CDC: Social Distancing - Frequently Washing Hands or use alcohol based (at least 60% alcohol) hand sanitizer - avoid touching eyes, nose and mouth - staying home when sick - cleaning and disinfecting frequently touched objects and surfaces.
REQUIRED UPDATED 5-8	TRAVEL OUTSIDE YOUR AREA or STATE: Follow any CDC, state, and Local travel restrictions currently in place. Some state and local governments may put in place travel restrictions, stay-at-home or shelter-in-place orders, or mandated quarantines upon arrival. For more information and travel guidance, check with your state or local health department and the state/area of your planned destination. CDC Link for State and Territorial Health Departments: https://www.cdc.gov/publichealthgateway/healthdirectories/healthdepartments.html
REQUIRED	Teams are responsible for and required to maintain - manage their own Social Distancing - INCLUDING PARKING LOTS or team areas. Teams are responsible to monitor the number of spectators (if restricted) allowed for their own team.
REQUIRED	NEW Waiver signed by Coaches - Players - Parents for EACH EVENT.
REQUIRED	NO Hand Shakes or High Fives - PRE or POST GAME and NO Huddles on or off the field
REQUIRED	Teams need to bring their own - first aid kits - ice packs - hand sanitizer - disinfectant wipes.
REQUIRED	Team is required to clean out dugouts of all items after each game.
REQUIRED	Reminder - no seeds, no chew, and no spitting. Per CDC Guidelines
REQUIRED	Dugouts - Social distancing will be instituted - limited # will be allowed in the dugout, but plan will be determined by the park layout. Base coaches & on deck batter is allowed on field. No additional players will be allowed to be in the field of play due to social distancing. Space outside the field of play will be utilized for social distancing of players.
HIGHLY RECOMMENDED	ANYONE over the age of 65, and/or anyone with underlying health issues should follow CDC/Government guidelines on attending group events. Review the CDC website for their latest recommendations.
HIGHLY RECOMMENDED	Team Equipment: No sharing if at all possible - If sharing of equipment is necessary, it will be the team's responsibility to disinfect items between the equipment users.
HIGHLY RECOMMENDED	Masks - Follow State & Local Requirements: Any person that wants to wear a cloth face covering or mask is encouraged to do so as long as it does not become a safety issue. Recommended you have cloth face coverings on hand so they are available for your use at any time.
HIGHLY RECOMMENDED	Gloves: Any person that wants to wear protective gloves (except during pitching) is encouraged to do so.
HIGHLY RECOMMENDED	Dugouts: Entering for the first time - it is recommended that teams disinfect commonly touched areas - benches, bat racks, etc. Use the CDC recommendation for disinfecting. Most youth parents will want to make sure this is done.
HIGHLY RECOMMENDED	SPECTATORS may be limited due to group size restrictions. Fans should plan to bring their own chairs and maintain social distancing. BLEACHERS may not be available for Spectator use - could be used as an extension of the dugouts for players.
HIGHLY RECOMMENDED	Parents supply hand sanitizer and disinfectant wipes for their players so they can clean hands between innings and use for disinfecting shared equipment. Adult players should supply their own.

HIGHLY RECOMMENDED	Youth Coaches/Parents to Remind Players - No Sharing of Drinks, Food or other items that can spread germs person to person.
HIGHLY RECOMMENDED	NSA/BPA Tournament Management APP: Coach, Players and Parents can download the APP. If being used by the director, you will see live game scores, you can make sure your cell # is correct and director will be able to send you text messages. The EVENTCONNECT APP can be downloaded for iPhone or Android phones.

**** Directors will establish policies and inform teams as changes are made for the following items -Policy may vary per facility ****

DIRECTOR	Plan for social distancing during the event - both for players & spectators. This can be park specific depending on layout. Includes but not limited to: Dugouts - Bleachers - Warm Up Area - Spectator Area
DIRECTOR	Director's plan for Team Check In and Paying of Fees if needed
DIRECTOR	Scheduling of games may be different than you are used to seeing.
DIRECTOR	Portable Fencing - If used, Director or Park will DESIGNATE the use of the outfield area. Either for teams warm-up, family tents, or spectators to social distance while watching the game.
DIRECTOR	Balls: Distribution and cleaning will be established by the director.
DIRECTOR	Uniform Rule: Director will determine if it will be enforced or waived.

Updated 5/8/2020